

Emulating the Positive Habits of the Bourgeoisie

So Folks, what do the bourgeoisie do every day in a capitalist democracy like this one that the proletariat does not do? Tom Corley, on his website RichHabitsInstitute.com, outlines a few of the differences between the habits of the bourgeoisie and the proletariat in the United States.

Guys, your job is to identify in this list those habits that are *not* determined by possession of wealth but personal behavior.

1. 70% of wealthy eat less than 300 junk food calories per day. 97% of poor people eat more than 300 junk food calories per day. 23% of wealthy gamble. 52% of poor people gamble.
2. 80% of wealthy are focused on accomplishing some single goal. Only 12% of the poor do this.
3. 76% of wealthy exercise aerobically four days a week. 23% of poor do this.
4. 63% of wealthy listen to audio books during commute to work vs. 5% of poor people.
5. 81% of wealthy maintain a to-do list vs. 19% of poor.
6. 63% of wealthy parents make their children read two or more non-fiction books a month vs. 3% of poor.
7. 70% of wealthy parents make their children volunteer 10 hours or more a month vs. 3% of poor.
8. 80% of wealthy make Happy Birthday calls vs. 11% of poor.
9. 67% of wealthy write down their goals vs. 17% of poor.
10. 88% of wealthy read 30 minutes or more each day for education or career reasons vs. 2% of poor.
11. 6% of wealthy say what's on their mind vs. 69% of poor.
12. 79% of wealthy network five hours or more each month vs. 16% of poor.
13. 67% of wealthy watch one hour or less of TV every day vs. 23% of poor.
14. 6% of wealthy watch reality TV vs. 78% of poor.
15. 44% of wealthy wake up three hours before work starts vs. 3% of poor.
16. 74% of wealthy teach good daily success habits to their children vs. 1% of poor.
17. 84% of wealthy believe good habits create opportunity luck vs. 4% of poor.
18. 76% of wealthy believe bad habits create detrimental luck vs. 9% of poor.
19. 86% of wealthy believe in lifelong educational self-improvement vs. 5% of poor.
20. 86% of wealthy love to read vs. 26% of poor.